

iaedp™ CERTIFICATION Recognizing Clinical Excellence in Eating Disorders Treatment

Julie Holland, MHS, CEDS
Certification Manager, iaedp™



Over the past two years, many changes have occurred within iaedp's™ Certification Program to strengthen our requirements and our reputation in the mental health field. As the rate of individuals affected by eating disorders continues to grow, there is a greater need for qualified treatment providers in the field and iaedp™ recognizes this need. Nearly every profession utilizes credentialing to establish criteria for measuring competency and quality care, and to provide prerequisites for continued training in a specified field. It is iaedp's™ mission to promote excellence in competency assessment for professionals in the eating disorders field through offering a rigorous set of criteria for the evaluation of education, training, knowledge and experience. iaedp's™ goal is to provide professional certification that is obtainable and affordable without compromising the high level of standards necessary.

To determine where one is within the certification process, easy to follow checklists are available on our website (www.iaedp.com) for all of iaedp's™ designations:

- **Certified Eating Disorders Specialist (CEDS)**
- **Certified Eating Disorders Specialist – Nutrition (CEDS-N)**
- **Eating Disorders Associate (EDA)**

Equivalency Certification for CEDS and CEDS-N is available for professionals who have demonstrated expertise through publication and advancement of the field of eating disorders. These checklists outline all requirements and allow individuals to determine requirements needed for a particular designation.

- **Professional Identity**

Our world has become increasingly more knowledgeable and sophisticated about specializations and claims of expertise. Certification validates levels of knowledge, training and expertise.

- **Professional Commitment**

A certified clinician is proclaiming one's commitment to a chosen specialty.



- **Promotion of Ethical Standards and Quality Care**

Certified professionals demonstrate a commitment to high standards of care. Required continued education ensures awareness of changes in the field.

- **Increased Consumer Confidence and Recognition**

Consumers can be assured of a high level of professional standards in training, experience and knowledge established by a third party of peers by a certified professional. Regional and national media are able to ascertain expertise by observation of the credentials. Certified professionals are included in media including television, newspapers and magazines thereby increasing their visibility as a specialist in the field.

- **Increased Marketability and Competitive Edge**

Employers, consumers and colleagues have increased confidence of expertise possessed by a certified professional. Certification provides an edge for job placement and advancement and enables the holder to negotiate a higher salary.

- **Measure of Professional Excellence**

In addition to the validation of knowledge and experience, certification provides guidelines that push the professional beyond satisfactory limits to levels of excellence.

- **Professional Growth**

Certification renewal at two year intervals requires professionals to demonstrate continued commitment and training in the field through attending seminars, classes and conferences. These requirements ensure that certified professionals are updated on latest trends and treatment modalities. Interaction with like-minded colleagues provides support and reduces burnout.

- **Personal Satisfaction**

Certification is a reflection of one's personal standards and commitment to professional growth. It allows one to acknowledge personal strengths, competencies, experiences and achievements.

- **Dedication to Clinical Advancement**

Certification is evidence that both the professional and iaedp™ are diligent in seeking advancement in training, education, research and competency in addressing the complexities involved in the treatment of eating disorders. In addition, both are united in their commitment to the advancement of mental health parity and advocacy for eating disordered individuals.



For additional information, visit our website www.iaedp.com or contact Julie Holland, Certification Manager via email @ jholland@crchealth.com