

2010 Certification Committee

Co-Chairs:

Edward Cumella, Ph.D., CEDS
Stacie McEntyre, MSW, LCSW, CEDS

Committee Members:

Bob Fox, Ph.D., CEDS
Sue Renes, MA, CEDS
Tammy Beasley, RD, LD, CEDRD
James D. "Buck" Runyun, MS, LMFT,
CEDS

FOR MORE INFORMATION, email

Julie Holland, MHS, CEDS
Certification Director iaedp™
P. O. Box 1295
Pekin, IL 61555-1295

E-mail:

iaedpcertification@gmail.com

Fax: (800) 800-8126

- BS in nutrition w/additional dietetic internship and/or MS/MA/PhD in nutrition or health/behavioral science related field from an accredited institution.
- Successful completion of the Dietetic Registration examination administered by the American Dietetic Association (RD status) and ongoing maintenance of this registration with approved CE.

Behavioral Component

9 semester credits as follows:

3 semester credits each in:

- Psychology
- Nutrition Counseling/Motivational Interviewing
- Adult Education

Also: 6 clock hours in Abnormal Psychology/addictions

Skills Component

12 semester credits as follows:

3 semester credits each in:

- Nutrition Assessment
- Professional Issues in Dietetics and Nutrition
- 6 semester credits in Medical Nutrition Therapy

Also: 6 clock hours in Counseling/Psychotherapy

- 3 semester credits in professional practice standards and ethics
- 6 clock hours in body image, intuitive eating, weight/food issues
- Complete **iaedp™** core courses I-III (www.iaedp.com) or equivalency:
 - Introduction to Eating Disorders
 - Treatment Modalities of Eating Disorders
 - Medical/Physiological Aspects of Eating Disorders
- Nutrition Component—9 semester credits—3 semester credits each in:
 - Nutritional Biochemistry
 - Community Nutrition
 - Nutrition in the Life Cycle
- 2500 word Case Study
- Pass **iaedp™** Certification Exam (available online at www.iaedp.com)
- 1500 direct ED Patient Hours—Supervision with iaedp™ Approved Supervisor
- Statement of Intent
- Signed Ethics Statement
- Completed application with (1) passport photo and Application Fee (\$150.00)
- Current **iaedp™** membership

CEDS Checklist

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- MA/MS/MSW/PhD/MD/DO from accredited institution in health/behavioral science field
- 48 graduate level semester credits in behavioral science
- Licensed or certified as a healthcare professional by his/her state's licensing/certification board
- Behavioral Component—9 semester credits
 - 3 semester credits each in:
 - Gender issues, women's studies, multicultural issues, human sexuality
 - Human development
 - Abnormal Psychology, including addictions
- Skills Component— 9 semester credits
 - 3 semester credits each in:
 - Individual Psychotherapy
 - Group Psychotherapy
 - Family Psychotherapy
- 3 semester credits in professional practice standards and ethics
- 6 clock hours in body image, weight and food issues
- Complete **iaedp™** core courses (available online www.iaedp.com)
 - Introduction to Eating Disorders
 - Treatment Modalities of Eating Disorders
 - Medical/Physiological Aspects of Eating Disorders
 - Nutrition/Dietetics and Weight Management
- 2500 word Case Study (must be of patient actually treated by the applicant)
- Pass **iaedp™** Certification Exam available online www.iaedp.com
- 2000 direct ED Patient Hours—Supervision with iaedp™ Approved Supervisor
- Statement of Intent
- Signed Ethics Statement
- Completed application with (1) passport photo and Application Fee (\$150.00)
- Current **iaedp™** membership

CRITERIA	CEDS	CEDRD	Equivalency & Honorary CEDS/CEDRD
Degree	MA/MS/MSW/PhD/MD/DO from accredited institution in health/behavioral science field	BS in nutrition w/ additional dietetic internship and/or MS/MA/PhD in nutrition or health/behavioral science related field from an accredited institution.	MA/MS/MSW/PhD/MD/DO/RD from accredited institution in health/behavioral sci, or equivalent post-graduate degree
Education Content	48 graduate level semester credits in behavioral science		Demonstrated by Degree (above)
Licensure	Licensed or certified as a healthcare professional by his/her state's licensing/certification board	Successful completion of the Dietetic Registration examination administered by the American Dietetic Association (RD status) and ongoing maintenance of this registration w/ approved CE.	- Recommended for CEDS: Licensed or certified as healthcare professional by state licensing/ certification board - Recommended for CEDRD: RD
Behavioral Component	<u>9 semester credits as follows:</u> 3 semester credits each in: -Gender issues, women's studies, multicultural issues, human sexuality -Human development -Abnormal psych, including addictions	<u>9 semester credits as follows:</u> -3 semester credits each in: -Psychology -Nutrition Counseling/ Motivational Interviewing -Adult Education <u>Also: 6 clock hours in abnormal psychology/addictions</u>	Demonstrated by ≥ 1 of the following: - Significant hx ED conference presentation - Significant hx published books, chapters, peer-reviewed/trade articles on EDs - Academic appt/instruction in ED - Hx participation in ED research
Skills Component	<u>9 semester credits:</u> 3 semester credits each in: -Individual psychotherapy -Group psychotherapy -Family psychotherapy	<u>12 semester credits:</u> 3 semester credits each in: -Nutrition Assessment -Professional Issues in Dietetics and Nutrition 6 semester credits in Medical Nutrition Therapy <u>Also: 6 clock hours in counseling/ psychotherapy</u>	SAME AS ABOVE
	- 3 semester credits in profess'l practice standards & ethics - 6 clock hrs in body image, weight & food issues Note: Courses are in addition to, not overlapping with, courses in Behavioral Component	3 semester credits in professional practice standards & ethics - 6 clock hours in body image, intuitive eating, weight/food issues Note: Courses are in addition to, not overlapping with, courses in Behavioral Component	SAME AS ABOVE
Core Curriculum	Complete IAEDP courses I-IV: I) Introduction to EDs. II) Treatment Modalities of ED. III) Medical/Physiological Aspects of EDs. IV) Nutrition/Dietetics & Weight Mgt	Complete IAEDP courses I-III: I) Introduction to EDs. II) Treatment Modalities of ED. III) Medical/Physiological Aspects of EDs. In lieu of the Core Course in Nutrition/Dietetics & Weight Mgt, must demonstrate completion of the Nutrition Component.	SAME AS ABOVE
Nutrition Component	N/A	<u>9 semester credits:</u> 3 semester credits each in: -Nutritional Biochemistry -Community Nutrition -Nutrition in the Life Cycle	SAME AS ABOVE
Case Study Note: Must be of patient actually treated by applicant	1500 words identifying presenting problems, DSM-IV diagnoses, course of treatment implemented, modalities of treatment, principal obstacles encountered, case outcomes, and follow-up	2500 words identifying presenting problems, DSM-IV diagnoses if available, course of treatment implemented, principal obstacles encountered, collaborative care employed, supervision/interaction with treatment team, personal reactions to case, case outcomes, supervision utilized & its influence on tx	≥2 of the following, current or historical: - Supervised others who treat EDs ≥ 5 yrs - Significant hx presenting on clinical topics at ED conferences - Significant hx published books, book chapters, peer-reviewed or trade articles on clinical topics relevant to EDs - Academic affiliation/instruction in clinical topics relevant to EDs - Participates in clinically relevant ED rsch - Significant ED program development
Certification Exam	Pass in 3 tries w/ score of ≥ 75%	SAME	Same as behavioral component or significant hx of ED pgm development
Supervision	2000 direct patient treatment hrs supervised by IAEDP Approved Supervisor. 1 hr individual &/or 1.25 hrs group supervision for each 20 hrs of patient contact. Supervision groups can contain up to 10 supervisees.	1500 direct ED patient tx hrs supervised by IAEDP Approved Supervisor and/or experienced, practicing nutrition therapists in the ED field. 1 hr individual &/or 1.25 hrs group supervision for each 20 hrs of patient contact. Supervision groups can contain up to 10 supervisees.	Supervised ED providers for ≥ 5 years
Intent Statement	Statement ≤ 250 words explaining how Certification is relevant to their professional goals		Waived. Determined by IAEDP Board.
Ethics Statement	Signed statement of ethical practice		SAME
IAEDP Symposium	Attends ≥ 20 hrs @ IAEDP or other ED event within 24 mo < test date; then ≥ 20 hrs @ IAEDP Symposium every 4 yrs	SAME	Board deems individual demonstrates active commitment to IAEDP and/or the ED profession, by ≥ 1 of the following: - Active role in IAEDP's committees, Board, planning, promotion, etc. - Active role in committees, Boards, plan-ning, promotion, of ≥ 1 other ED prof'l assoc
CEs	20 CEUs each 2 yrs directly related to ED field	SAME	Demonstrated by ≥ 1 of the following: - Cont'd attendance &/or presentation at ED conferences - Cont'd publication of bks, chapters, peer-rev'd/trade articles on EDs - Cont'd academic appt/instruction in EDs - Cont'd participation in ED research - Cont'd media presence as ED expert - Cont'd expert court witness regarding EDs
Renewal	Every 2 years	SAME	- Honorary CEDS/CEDRD is perpetual, revocable only by Board action - For equivalency CEDS/CEDRD, initial & renewal fees are same as typical CEDS/CEDRD
IAEDP Membership	Must maintain IAEDP membership	SAME	- If not IAEDP member, joins IAEDP within 90 days of CEDS receipt. - Agrees to remain IAEDP member for 3 yrs following Honorary CEDS.