

READING/LECTURE LIST
To prepare for the
iaedp™ Certification Exam
2008

Readings

- American Psychological Association (2002). *Ethical Principles of Psychologists and Code of Conduct*. www.apa.org/ethics
- Bulik, C.M., Reba, L., Siega-Riz, A.M., & Reichborn-Kjennerud, T. (2005). Anorexia Nervosa: Definition, Epidemiology, and Cycle of Risk. *International Journal of Eating Disorders*, 37, S2-S9.
- Garner, D.M., & Garfinkel, P.E. (Eds.). (1997). *Handbook of Treatment for Eating Disorders*. New York: Guilford.
- Grilo, C.M. (2006). *Eating and Weight Disorders*. New York: Psychology Press.
- Johnson, C.L. (Ed.). (1991). *Psychodynamic Treatment of Anorexia Nervosa and Bulimia*. New York: Guilford.
- Keel, P.M. (2005). *Eating Disorders*. Upper Saddle River, NJ: Pearson.
- Lock, J., Le Grange, D., Agras, W.S., & Dare, C. (2001). *Treatment Manual for Anorexia Nervosa: A Family Based Approach*. New York: Guilford.
- Mehler, P.S., & Andersen, A. (1999). *Eating Disorders: A Guide to Medical Care and Complications*. Baltimore: Johns Hopkins University Press.
- Mitchell, J.E., & Peterson, C.B. (Eds.). (2005). *Assessment of Eating Disorders*. New York: Guilford.
- Tribole, E., & Resch, E. (2003). *Intuitive Eating, 2nd Ed.* New York, NY: St. Martin's Griffin.
- Whitney, Cataldo, DeBruyne, and Rolfes. *Nutrition For Health And Health Care*, 4th Edition, 2006.
- Zerbe, K.J. (1993). *The Body Betrayed: A Deeper Understanding of Women, Eating Disorders, and Treatment*. Carlsbad, CA: Gurze.

Lectures

Each of the following is an audio lecture taken from IAEDP's extensive library of audio educational material. Please obtain each lecture from IAEDP.

- From 2006 IAEDP Symposium, Genetics Panel Discussion, Bermudez et al. (2 hours).
- From 2006 IAEDP Symposium, The Eating Disordered Child, Woods & Wandler. (2 hours).
- From 2006 IAEDP Symposium, Eating Disorders Across the Lifespan, Cumella. (1.5 hours).
- Part I - Treatment of Clients with Eating Disorders Secondary to Attachment Trauma: Utilizing Affect Intensifying Psychotherapies with Schema Change
- Part II - Subtypes of Eating Disorders Clients and Implications for Prognosis, Treatment and Etiology, Mark Schwartz, ScD and Lori Galperin, LCSW
- Beyond the Body Betrayed: Integrated Treatment of Eating Disorders, Kathryn Zerbe, MD
- From 2006 IAEDP Symposium, General Nutrition Education for the Eating Disorders Professional, Mowafy
- From 2006 IAEDP Symposium, Nutrition Intervention Therapy in Eating Disorders, Mowafy
- From 2006 IAEDP Symposium, Tube Feeding: An Empathic Approach to Wellness, Prinz