



The Certification Process Simplified

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It is iaedp's™ mission to promote excellence in competency assessment for professionals in the eating disorders field through offering a rigorous set of criteria for the evaluation of education, training, knowledge and experience. iaedp's™ goal is to provide professional certification that is obtainable and affordable without compromising the high level of standards necessary.

iaedp™ has designed its certification program requirements to insure its certified professionals are able to demonstrate expertise through a range of professional activities, achievements, supervised activities, and testing. Following is a step by step guide to simplify the certification process.

Step 1 - Go to iaedp.com. Select Certification. Print out the checklist that applies to your certification goal – CEDS, CEDRD

Step 2 - Check off the educational requirements that you have already met as part of your degree curriculum. If you have a question about a specific course you took that may have a different title but had similar content as a required course, email iaedpmembers@earthlink.net.

Step 3 – Ethics Course is required. www.iaedp.com offers an equivalent course.

Step 4 – 6 Clock hours in body image, weight and food issues refers to a 6 hour work shop. You will need to provide a CE certificate of attendance.

Step 5 – Complete the iaedp™ Core Courses – Refer to “Certification: The iaedp™ Core Curriculum” article by Edward J. Cumella, Ph.D, CEDS for more detail.

Step 6 – Complete Case Study – Refer to “Certification: The Required Case Study” article by Edward J. Cumella, Ph.D, CEDS for more detail.

Step 7 – Take/pass Certification Exam available on-line (inquiries to: iaedpmembers@earthlink.net). Passing score is good for 5 years. The Certification Committee recommends that you take the exam after completion of the Core Courses.

Step 8 - Keep a log of all direct ED hours you have completed in the past. Any and all direct ED patient hours are applicable including individual, family and group therapy hours. All hours

must be verified and signed off by an iaedp™ Approved Supervisor. Your supervisor must be 1) an iaedp Approved Supervisor or 2) submit her/his resume to iaedpmembers@earthlink.net for a “one time, one professional” approval to provide supervision toward iaedp Certification”. It is imperative that the resume demonstrate experience and expertise in the field of eating disorders.

Supervisor documentation forms to be utilized are available on-line at www.iaedp.com or by emailing iaedpmembers@earthlink.net

Step 9 – Statement of Intent – why do you want this certification, why is it important to you, how do you plan to utilize it

Step 10 – Completed Application (www.iaedp.com) with signed Ethics Statement, 1 passport size photo, \$ 150 fee and current iaedp™ Membership

Although the grandfathering period for certification has expired, iaedp™ offers the Equivalency Certification for both CEDS and CEDRD for those professionals who are able to demonstrate eating disorder proficiency and expertise through a range of equivalency requirements. For more information, please see our article “Equivalency Certification” by Julie Holland, MHS, CEDS, or download an application at www.iaedp.com.

For more information regarding certification, please contact Julie Holland, MHS, CEDS, Certification Director, at iaedpmembers@earthlink.net.

