

SYLLABUS
Medical Aspects of Treating Patients with Eating Disorders
iaedp Core Course IV

Description: This course is designed primarily for healthcare professionals. It offers an introduction to the medical issues in eating disorders. The course is designed to familiarize the student with medical complications with eating disordered individuals and the importance of having a qualified physician involved in the patient's care. Completion of this course is intended to meet one requirement for certification by IAEDP as an eating disorder specialist.

The primary textbooks for this class are:

A Guide to Medical Care and Complications Eating Disorders. Ed. Phillip S. Mehler M.D.,
And Arnold Andersen, M.D.

REQUIREMENTS TO COMPLETE THIS COURSE.

1. Please obtain the book listed above. You may obtain it from libraries or purchase it from traditional or online bookstores such as Amazon.com.
2. Read the text book and write a 100-200 word synopsis of each chapter (15 total chapters)
3. There are three audio classes for this course:
 - a. **Phillip Mehler, MD**
Open Microphone: Addressing the Most Commonly Asked Medical Questions about Eating Disorders
 - b. **Walter Kaye, MD**
New Insights Into the Neurobiology of Symptoms in Anorexia Nervosa
 - c. **Brenda K. Woods, MD, FAAFP**
"But my case is different!" Treatment Considerations in Special Patient Populations
4. The first two tapes are approximately 90minutes long. The third tape is 180 minutes. Please listen to each tape of write a 300-500 synopsis of the Mehler and Kaye tapes and a 1000 word synopsis of the Wood's tape.
5. 5. Following completion of the above requirements, you will take the test for this course online at the same site where you posted your assignments. It is an open book test.

Upon completion of the test, you will receive an email on the results. Upon receiving a passing score, submit the Core Course Completion Form which is available at www.iaedp.com on the quick links page.