



International Equivalency Certification Checklist:

CEDS, CEDRD and CEDRN

iaedp™ offers the **Equivalency Certification™** for the CEDS, CEDRD and CEDRN designations for international licensed professionals who have been practicing in the field of eating disorders for five or more years and who are able to demonstrate eating disorder proficiency and expertise through a range of equivalency requirements. These requirements include:

Advanced Education and Licensure

The education and licensure requirements for Equivalency are the same as the requirements for Traditional certification for each recognized discipline. Due to variations in educational requirements for international applicants, please review the list of educational courses required for each discipline below to determine if your education is equivalent to the US standards:

For the CEDS applicant:

1. 9 graduate semester credits in a combination of gender issues, women's studies, multicultural studies, human sexuality, and human development
2. 9 graduate semester credits in a combination of individual psychotherapy, group psychotherapy, family psychotherapy
3. 3 semester credits in professional practice standards and ethics

For the CEDRD applicant:

1. 9 semester credits in a combination of psychology, nutrition counseling/motivational interviewing, and adult education.
2. 12 semester credits in a combination of nutrition assessment, professional issues in dietetics and nutrition, and medical nutrition therapy.
3. 9 semester credits in a combination of nutrition biochemistry, community nutrition and nutrition in the life cycle.
4. 3 semester credits in professional ethics.

For the CEDRN applicant:

1. 9 semester credits in a combination of pharmacology, psychology/mental health nursing and anatomy
2. 9 semester credits in a combination of physiology or pathophysiology psychology, and nursing care of adult patients with chronic and acute health problems
3. 3 semester credits in professional ethics

Behavioral Skills equivalency demonstrated by one (1) or more of the following:

o Significant* history of presentations at eating disorder-related workshops, conferences and events to include both professional and community speaking opportunities. (*Per the discretion of the certification committee in terms of the experience level of audience and/or frequency of presentations)

- o Significant history of published books, book chapters, peer-reviewed or trade articles and consumer publications on eating disorders
- o Academic affiliation and instruction on eating disorders, to include adjunct professorship, guest lecturer, or program coordinator for educational institutions
- o Participation in eating disorders research

Supervision equivalency requirements including:

- o As a licensed or registered clinician, supervised others who treat eating disorders for at least 5 years. Application must include a list of supervision provided, noting location, dates (beginning and end), and to whom supervision was given (which can include formal and informal individual, and/or groups, including patient care discussions within the treatment team). This information can be incorporated into your resume/CV, but if your resume/CV is not clear and you do not include a separate list of supervision details including dates, times and location, you will be asked to provide this information to the certification committee *after* receipt of your application, which may delay the approval process.

Core Curriculum and Case Study equivalency demonstrated by two (2) or more of the following:

- o As a licensed or registered clinician, supervised others who treat eating disorders for at least 5 years
- o Significant history of presentation on clinical topics at eating disorder-related conferences, workshops and events to include both professional and community speaking opportunities. (*Per the discretion of the certification committee in terms of the experience level of audience and/or frequency of presentations)
- o Significant history of published books, book chapters, peer-reviewed or trade articles and consumer publications on eating disorders
- o Academic affiliation and instruction on eating disorders, to include adjunct professorship, guest lecturer or program coordinator for educational institutions
- o Participation in eating disorders research
- o History of program development in eating disorders

CEU equivalency requirements demonstrated by two (2) or more of the following:

- o Continued attendance and/or presentation at eating disorder-related conferences, trainings, workshops, webinars and other educational events for professionals.
- o Continued publication of books, book chapters, peer-reviewed or trade articles and consumer publications on eating disorders
- o Continued academic affiliation and instruction in eating disorders, to include adjunct professorship, guest lecturer or program coordinator for educational institutions
- o Continued participation in eating disorders research
- o Continued presence in the media as an eating disorders expert
- o Continued appearance in the legislation and/or the courts of law as an expert witness regarding eating disorders

- Three (3) letters of recommendation from professional peers who are experienced in the field of eating disorders and familiar with your work specifically in this field.
 - At least one of the three recommendation letters must be from an experienced clinician who practices in the field of eating disorders within the same discipline as the applicant.
 - Each recommendation letter must include full signature, credentials and place of employment of the person who is writing the recommendation.
 - All of the recommendation letters should be sent directly to the applicant to be included in the completed application packet. Letters can be sent in a sealed envelope for iaedp staff only, but must be included in the application packet with the other requirements.
- Signed statement of ethical practice principles (APA) Note: this statement is incorporated into the Equivalency Certification Application itself.
- iaedp™ Board deems that applicant demonstrates an active commitment to iaedp™ and/or the profession of eating disorders, as evidenced by at least one (1) of the following:
 - Active role in iaedp™'s committees, Board, planning and promotion, to include active membership and consistent meeting and event attendance.
 - Active role in committees, Boards, planning or promotion of one or more professional associations (other than iaedp™) concerned with eating disorders, to include active membership and consistent meeting and event attendance.
- Current CV/Resume indicating experience and expertise. CV/Resume must clearly demonstrate support of any and all checked boxes for each Equivalency requirement. If it does not, please add supporting documentation in the form of a separate list of your specific activities for each requirement in simple outline form.
- Photocopies of all current licenses and relevant certificates.
- One (1) passport photo
- Application fee of \$150.00, written to IAEDP
- iaedp™ Membership is required. Include copy of your membership status.
*You may apply for membership at the same time you submit your equivalency application as long as you include the membership application and the membership fee.
- Make a copy of the entire application for your records.
- Mail **TYPED** and **COMPLETED** application (include everything on this checklist) by regular **(NOT Certified)** mail to the following address:

International Association of Eating Disorders Professionals
Attention: Certification Application
PO Box 1295
Pekin, IL 61555-1295

No certified mail will be accepted since this is a post office box and no signature can be required. If you choose to track the package, make sure you select the option that does NOT require a signature at delivery site.

This checklist reviews all of the requirements for the Equivalency Certification. Download and print the Equivalency Certification Application to begin completing the certification process. **Please allow 90 (ninety) days from the RECEIPT of your application in the iaedp office for the application review process to be completed.**

IMPORTANT INFORMATION ABOUT CERTIFICATION RENEWAL:

Upon approval, you are responsible to maintain your 20 hours of continuing education directly in the field of eating disorders during the course of each two year renewable period and to renew your certification prior to its expiration. Attendance at an iaedp Symposium once every four (4) years is also required. You will receive advanced notice of your forthcoming renewal date directly from the iaedp Membership Office and will be expected to comply with a timely application following the guidelines of the Certification Renewal application.

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