

Comparison Chart: Traditional and Equivalency CEDRD Certification

The following chart compares the requirements for the Traditional and Equivalency CEDRD Certification offered by the International Association of Eating Disorder Professionals (iaedp). As background, the Certification process for all certifications is governed by the Certification Director and Certification Committee, under the guidance of the Board of Directors for iaedp. Currently, the Certification Director is a registered dietitian with 30 years of practice experience, of which 24 years has been focused within the field of eating disorders. The Certification Committee is comprised of 12 practicing professionals representing every discipline within the treatment team: 2 physicians, 1 registered nurse and therapist (dual practice), 4 therapists (PsyD, LPC, LMFT), 4 RDs and 1 MS level creative arts therapist, all of whom are certified specialists through iaedp. The Committee reviews every application to ensure that it meets the iaedp standards, which have been developed according to the specifications of the Institute of Credentialing Excellence, since the initial goal since certification was initiated in 2002 is full accreditation. The Committee proceeds under the direction of the iaedp Board of Directors, which is also comprised of experienced, practicing clinicians from all disciplines and one attorney.

The Certification Core Courses, a requirement for the Traditional option, have been created by the Certification Committee and include required readings from clinical textbooks chosen for each discipline by the committee members who practice in that particular field. Each core course includes a webinar given by one of iaedp's Advisory Board members (practicing clinicians and former member of the iaedp Board of Directors) and an exam, for which questions from the required text readings and webinar have been written by the members of the Certification Committee within each discipline and the webinar presenter. The Final Certification exam is a compilation of the four core course exam questions in addition to specific questions on ethics from the APA guidelines. All of the core courses and final examination are updated every five years to ensure that current practice standards are met. The 2015 version of the core courses and final exam have been newly updated and will be revised again in the year 2020.

The chart on the following pages compares the specific requirements for the Traditional vs the Equivalency CEDRD Certification. Please note: **BOTH OPTIONS REQUIRE THE SAME FINAL CERTIFICATION EXAMINATION** as described above.

Requirement	Traditional CEDRD	Equivalency CEDRD
Education	BS or higher in nutrition and/or dietetics from an accredited university with the completion of the coordinated undergraduate program, a fifth year dietetic internship, or MS/dietetic internship combination	BS or higher in nutrition and/or dietetics from an accredited university with the completion of the coordinated undergraduate program, a fifth year dietetic internship, or MS/dietetic internship combination
Registration	Successful completion of the Dietetic Registration examination administered by the Commission on Dietetic Registration (RD status) and ongoing maintenance of this registration with approved CEUs	Successful completion of the Dietetic Registration examination administered by the Commission on Dietetic Registration (RD status) and ongoing maintenance of this registration with approved CEUs
Examination	Pass iaedp™ Certification Exam (same exam for both options)	Pass iaedp™ Certification Exam (same exam for both options)
Supervision	<p>2500 supervised patient care hours directly in the field of eating disorders by an iaedp Approved Supervisor.</p> <p>All patient care hours must be supervised by an iaedp™ Approved Supervisor. No less than 75% (up to 100%) of your total supervised patient care hours with the eating disorder (ED) population accrued after completing your registration for RD status must be provided by an ED-experienced RD who meets the iaedp Approved Supervisor requirements. Up to 25% may be supervised by an ED-experienced therapist, physician or nurse who meets the iaedp Approved Supervisor requirements. 500 of your total 2500 supervised patient care hours can be accrued during your internship/clinical supervision prior to obtaining your RD status</p>	As a registered dietitian, supervised others who treat eating disorders for at least 5 years. Supervision of or consultation with other eating disorder clinicians, including treatment team members from other disciplines as part of regular treatment team meetings in which patient care is discussed, registered dietitians with less experience in the field of eating disorders, and dietetic interns working towards their registration, are examples of supervisory experience. Application must include a list of supervision or consultation provided, noting location, dates (beginning and end), and to whom supervision or consultation was given (which can include formal and informal individual, and/or groups, including patient care discussions with the treatment team).

REQUIREMENT	TRADITIONAL CEDRD	EQUIVALENCY CEDRD
Core Courses	Complete and pass the iaedp™ core courses (available online or at iaedp’s yearly pre-symposium workshop). The four core courses include: <ul style="list-style-type: none"> □ Introduction to Eating Disorders □ Treatment Modalities of Eating Disorders □ Medical Aspects of Eating Disorders □ Nutritional Guidelines for Treating Eating Disorders 	Must document two (2) or more of the following: <ul style="list-style-type: none"> • As a registered dietitian, supervised others who treat eating disorders for at least 5 years • Significant history of presentation on clinical topics at eating disorder-related conferences, workshops and events to include both professional and community speaking opportunities. • Significant history of published books, book chapters, peer-reviewed or trade articles and consumer publications on eating disorders • Academic affiliation and instruction on eating disorders, including adjunct professorship, guest lecturer or program coordinator for educational institutions • Participation in eating disorders research • History of program development in eating disorders
Continuing Education	Continuing Education can include any educational activity such as workshops, seminars, conferences and webinars that provide education on the following topics related to the treatment of eating disorders. Copies of certificates of attendance which indicate	Must document two (2) or more of the following: <ul style="list-style-type: none"> • Continued attendance and/or presentation at eating disorder-related conferences, trainings, workshops, webinars and other professional educational events

REQUIREMENTS (cont'd)	TRADITIONAL CEDRD (cont'd)	EQUIVALENCY CEDRD (cont'd)
Continuing Education (cont'd)	<p>hours awarded for each continuing education activity must be included in this application. Hours required:</p> <ul style="list-style-type: none"> <input type="checkbox"/> 6 clock hours in body image, weight and food issues <input type="checkbox"/> 6 clock hours in abnormal psychology/addictions <input type="checkbox"/> 6 clock hours in counseling/psychotherapy 	<ul style="list-style-type: none"> • Continued publication of books, book chapters, peer-reviewed or trade articles and consumer publications on eating disorders • Continued academic affiliation and instruction in eating disorders, to include adjunct professorship, guest lecturer or program coordinator for educational institutions • Continued participation in eating disorders research or Continued presence in the media as an eating disorders expert • Continued appearance in the legislation and/or the courts of law as an expert witness regarding eating disorders
Case Study	<p>A 1500 word Case Study is required (guidelines for case study at www.iaedp.com). Case study must be of patient actually treated by the applicant.</p>	<p>*Combined with the Core Courses requirement listed above.</p>
Recommendation Letters	<p>Three (3) letters of recommendation from professional peers who are experienced in the field of eating disorders and familiar with your work specifically in this field. At least one of the three recommendation letters must be from an experienced RD who practices in the field of eating disorders.</p>	<p>Three (3) letters of recommendation from professional peers who are experienced in the field of eating disorders and familiar with your work specifically in this field. At least one of the three recommendation letters must be from an experienced RD who practices in the field of eating disorders.</p>

REQUIREMENT	TRADITIONAL CEDRD	EQUIVALENCY CEDRD
Ethics Statement	Sign the Ethics Statement found within the Application form.	Sign the Ethics Statement found within the Application form.
Other Documentation	<ul style="list-style-type: none"> • Include photocopies of all relevant licenses and certificates • Include a copy of your CV/resume • Include one (1) passport size photo • Include the Application Fee of \$150.00, written to IAEDP • Proof of current iaedp™ membership 	<ul style="list-style-type: none"> • Include photocopies of all relevant licenses and certificates • Include a copy of your CV/resume • Include one (1) passport size photo • Include the Application Fee of \$150.00, written to IAEDP • Proof of current iaedp™ membership
Renewal Requirements (every two years)	<ul style="list-style-type: none"> • Completion of approved 20 hours of continuing education directly in the field of eating disorders during the course of each two-year renewable period • Attendance at an iaedp Symposium once every four years 	<ul style="list-style-type: none"> • Completion of approved 20 hours of continuing education directly in the field of eating disorders during the course of each two-year renewable period • Attendance at an iaedp Symposium once every four years