



iaedp™ Core Course Information and Guidelines: Traditional Certification

To qualify for a CEDS (Certified Eating Disorders Specialist), CEDRD (Certified Eating Disorders Registered Dietitian), CEDCAT (Certified Eating Disorders Creative Arts Therapist) or CEDRN (Certified Eating Disorders Registered Nurse) from iaedp™, candidates must demonstrate eating disorder expertise through a range of professional activities, achievements, supervised experience, and testing. One aspect of competency demonstration for the Traditional Certification involves the iaedp™ Core Curriculum. (NOTE: Applicants that qualify for the Equivalency Certification are not required to take the Core Courses.) The Core Curriculum includes four courses:

- Course 1 – Introduction to Eating Disorders
- Course 2 – Treatment Modalities for Eating Disorders
- Course 3 – Medical Aspects of Eating Disorders
- Course 4 – Nutritional Aspects of Eating Disorders

The iaedp™ Core Curriculum is designed to accomplish two goals: 1) to endow the candidate with advanced, practical, graduate-level knowledge considered essential to eating disorder expertise; and 2) to prepare the candidate to successfully pass the iaedp™ Certification Examination. Candidates for the CEDS, CEDRD, CEDCAT and CEDRN must satisfactorily complete all four Core Courses.

iaedp™'s Core Curriculum is offered in two formats: online or as a two-day, pre-symposium workshop. As an online curriculum, each Core Course costs \$100 for iaedp™ members and \$125 for non-members. The courses can be found on the website www.iaedp.com under Online Institute. Click on Online Institute and you will find Instructions, Rules and Regulations, the Four Core Courses, and the Core Course Completion Form. Each online Core Course involves purchase of one or more textbooks (See Recommended Reading List), required and supplemental additional readings, and videos of professional presentations made available through iaedp™. The candidate follows a detailed syllabus for each online Core Course and completes the required readings, assignments and/or videos. Once the Core Course has been downloaded, you will have 90 days to complete it. Upon completion, the candidate will take an online final exam for each Core Course, and must pass each exam with a grade of 70% or higher. Online core course exams contain 40-50 multiple choice and true/false questions. (Some questions test knowledge acquisition and others test knowledge application.) A passing exam score is valid for two years upon completion. Online core courses are equivalent to 10 CEUs per course.

As a two-day, pre-symposium workshop, the four Core Courses are taught by leading experts in the field of eating disorders during the two days prior to the beginning of the yearly iaedp

Symposium. Discounted rates are offered for this workshop, either as a two-day workshop only rate or a two-day workshop with subsequent Symposium attendance rate. Upon conclusion of each core course workshop, the candidate will take a final exam for that particular core course, and must pass each exam with a grade of 80% or higher. Exams contain 15-20 multiple choice and true/false questions. (Some questions test knowledge acquisition and others test knowledge application.) A passing core course exam score is valid for two years upon completion. On-site core course workshops are equivalent to 3 CEUs per core course.

Upon satisfactory completion of the Core Courses, the candidate should be adequately prepared and may sit for the iaedp™ Certification Examination - the comprehensive demonstration of competency in eating disorder expertise. A candidate is eligible for three (3) attempts to pass the exam, and a passing score is valid for two (2) years upon completion. Upon successful completion and passing of this Certification Examination, combined with a completed and approved application for the CEDS, CEDRD, CEDCAT or CEDRN, iaedp™ will award the candidate the certification appropriate to his/her profession, and the candidate can join the influential group of professionals in North America who have demonstrated eating disorder expertise and commitment by meeting the rigorous standards of the CEDS, CEDRD, CEDCAT or CEDRN.

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