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**For Immediate Release**

## **iaedp Unveils 2014 Symposium Schedule: Waves of Change**

*Features 39 Different Sessions in Five Days by Top Eating Disorder Professionals*

**Pekin, ILL. (Dec. 16, 2013)** – The International Association of Eating Disorders Professionals (iaedp) has released the 2014 program lineup for its 28<sup>th</sup> Annual Symposium in St. Petersburg, Florida, featuring 39 sessions that address the latest in eating disorder treatment, causes and science. The Symposium, with the theme “Waves of Change,” will take place over a five-day period, February 26-March 2, and will feature four keynote sessions.



The symposium kicks off Wednesday, Feb. 26 with the return of the wildly popular pre-certification courses. The program, which made its debut last year, offers professionals new to the field or who do not specialize in eating disorders a comprehensive introduction to eating disorders as well as professionals who specialize in eating disorders and want to be recognized as a certified professional, comprehensive eating disorder training courses in a two-day, 12-hour track.

Thursday, Feb. 27 will feature 11 different sessions, including the conclusion of the pre-certification courses and the Grand Opening Reception. Other Thursday highlights include a Continuing the Legacy Banquet with a keynote on family involvement in eating disorders by Craig Johnson PhD, practical neurobiology for clinicians and innovative treatment strategies for challenging cases.

Keynote speaker Kelly Wilson, PhD, will kick off Friday's sessions by speaking about the use of Acceptance Commitment Therapy (ACT) in the treatment of eating disorders. Other notable topics amongst the 11 sessions that day include ethical issues in eating disorder treatment and Binge Eating Disorder.

Two keynote speakers will be among 11 sessions Saturday, March 1. Carolyn Costin, MFT, MA, Med, CEDS and Joan Borysenko, PhD, will give a joint presentation where they will share their insights on the integration of science, psychotherapy and spirituality. Discussion will center on the latest science and mindfulness around eating disorder treatment and how to incorporate these concepts within a therapeutic setting.

The symposium will come to a close Sunday, March 6 with six sessions. Highlights include: "The Intersection of Neuroscience and Recovery from an Eating Disorder;" "Malnutrition and Suicide;" and "Change Talk: Teaching Motivational Interviewing to Clients and their Families." To view the complete schedule, visit:

<https://iaedp.confex.com/iaedp/2014/webprogram/meeting.html>

**About iaedp:** Since 1985, the [International Association of Eating Disorders Professionals](#) has provided education and training standards to an international and multidisciplinary group of various healthcare treatment providers and helping professions.

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