



Draft for Review

## The iaedp™ Foundation Spotlights Top Five Questions for Certification Process

**Pekin, IL (July xx, 2017)** -- As the leading provider of education and training standards to healthcare treatment providers, the International Association of Eating Disorders Professionals Foundation has provided certification to the world's leading eating disorders treatment experts. While pursuing certification may seem complicated to some, iaedp™ has demonstrated the ease of managing the certification process by answering the top five questions about certification collated from the many common queries most frequently asked by candidates.

“We are pleased to share what we know are aspects of certification most all treatment professionals inquire or are curious about,” said Bonnie Harken, Managing Director of the iaedp™ Foundation. “This also is one of the best ways to highlight our best practices for certification.”

Question: How does a candidate start the certification process?

Traditional Certification is designed for a licensed or registered clinician who has less than five years of experience in the field of eating disorders, desires to advance his or her knowledge, practice skill and expertise and become recognized as a specialist in treating eating disorders. Equivalency Certification is designed for a licensed or registered clinician who already has five or more years of experience in the field of eating disorders and desires an advanced specialization to recognize, enhance and promote advanced practice skills.

Question: How does a candidate qualify for the Equivalency Certification?

This designation was created and implemented for those professionals seeking certification who have the ability to demonstrate proficiency and expertise in eating disorders treatment through a range of equivalency requirements. Each category of equivalency is designed to represent each category required for the Traditional Certification route, and candidates are given the opportunity to report and verify what professional experiences they have had to warrant equivalency.

Question: For the Traditional Certification, can previous work history be considered for the required 2,500 supervised patient-care hours in the field of eating disorders?

Any direct eating disorder patient hours are applicable, including individual, group and family therapy.

Question: For Traditional Certification, how does supervision work, and how does a candidate find an iaedp™-Approved Supervisor?

A candidate's approved supervisor does not have to be certified by iaedp™ to qualify. A new application process was created due to an increased demand for iaedp™ Approved Supervisors. This process now allows a licensed clinician with whom a candidate works to become an approved supervisor, as long as the clinician meets the requirements and completes the application process, which includes membership in iaedp™.

Question: Will states (and countries) recognize this certification? Does iaedp™ offer an international certification?

It's important to understand certification is not licensure. Certification recognizes healthcare professionals who have a treatment specialty, have met rigorous educational requirements, have accumulated a minimum number of hours of qualifying work experience, have successfully passed a written examination, have made a commitment to stay abreast of current developments in the eating disorder field through ongoing continuing education and have agreed to comply with the Association's ethical principles. Licensure requirements differ from state to state. International certification requirements provide the flexibility needed to address differences that are present from country to country. International applicants are required to demonstrate clinical expertise through education, experience and examination similar to that of the certification requirements for U.S. applicants.

#### **About the iaedp Foundation:**

**Established in 1985, the International Association of Eating Disorders Professionals (iaedp™) is today well recognized for its excellence in providing first-quality education and high-level training standards to an international multidisciplinary group of various healthcare treatment providers and helping professions, who treat the full spectrum of eating disorder problems.**