Reading List for Certification Core Courses

iaedp™ Core Courses 1 – 4

Each iaedp Core Course for the Traditional Certification process has REQUIRED READINGS from which exam questions are based. Additional Key Supplemental Readings for each course are OPTIONAL, and no specific exam questions will be asked from these supplemental readings. Key subjects from which questions are derived for each core course are included as a topic study guide below each course listing.

Course 1: Overview of Eating Disorders

REQUIRED TEXTS:

RECOMMENDED SUPPLEMENTAL TEXTS/READINGS (optional):

**Course 2: Therapeutic Treatments for Eating Disorders**

**REQUIRED TEXTS:**

**RECOMMENDED SUPPLEMENTAL TEXTS/READINGS (optional):**

Course 3: Nutrition Therapy for Eating Disorders

REQUIRED TEXTS:

RECOMMENDED SUPPLEMENTAL TEXTS/READINGS (optional):

Course 4: Medical Treatment of Eating Disorders

REQUIRED TEXTS:

RECOMMENDED SUPPLEMENTAL TEXTS/READINGS (optional):