

SYLLABUS for iaedp Core Course 1: Overview of Eating Disorders

Description: This course is designed primarily for healthcare professionals. It offers an introduction to the critical topics in eating disorders, including anorexia nervosa, bulimia nervosa, feeding and eating disorders, binge-eating disorder, obesity, the special needs of children, males, and athletes with these issues, and cultural perspectives. Completion of this course is intended to meet one requirement for the iaedp™ Certification.

TWO REQUIRED TEXT BOOKS and ONE REQUIRED CHAPTER READING:

1. *Treatment of Eating Disorders: Bridging the Research-Practice Gap.* Maine M, McGilley BH, Bunnell DW (Editors). 1st edition. Burlington, MA: Academic Press Elsevier; 2010.
2. *The Treatment of Eating Disorders: A Clinical Handbook.* Grilo C, Mitchell J. New York: The Guilford Press; 2010.
3. *Chapter on Feeding and Eating Disorders, in the Diagnostic and Statistical Manual of Mental Disorders DSM-5 (5th edition).* American Psychiatric Publishing; 2013.

KEY SUPPLEMENTAL TEXTS (optional):

1. *ADA Pocket Guide to Eating Disorders,* Setnick J. American Dietetic Association Press; 2011.
2. *Assessment of Eating Disorders.* Mitchell JE, Peterson CB (Editors.) New York: The Guilford Press; 2007.
3. *Effective Clinical Practice in the Treatment of Eating Disorders: The Heart of the Matter.* Maine M, Davis WN, Shure J. (editors). New York: Routledge; 2009.

REQUIREMENTS TO COMPLETE THIS COURSE:

1. Obtain the required textbooks and additional reading listed above. You may obtain them from a library or choose to rent or purchase them from traditional or online bookstores such as Amazon.com.
2. Read/become familiar with the information presented in each of the required texts and additional readings.
3. Choose one topic discussed in the required readings and write a 600-750 word essay either considering this topic in relation to your own life or the case histories of one or more patients whom you have treated. When you have completed this assignment, **save it** in electronic format on your computer. You will later receive instructions on going to the online testing center and pasting your synopsis into the appropriate document.
4. After registering for the on-line course, you will be emailed a “Letter of Instruction” containing a link to the webinar(s) for this course as well as your login and password information. Write a 300 – 500 synopsis of this webinar and **save it** in electronic format on your computer. Once you have saved it, copy and paste **your synopsis** in www.test.com. Note: PLEASE SAVE YOUR LETTER OF INSTRUCTION – it contains your link, login and password information.
5. Follow the instructions for the online testing center in the email and complete all the documents for the texts and the webinars **by cutting and pasting your assignments into the appropriate test documents.** These tests will **not be graded but audited** by the Certification Committee. You will not receive a score on these documents.

6. When you are ready, take the final exam for this course at the online testing center. You have 90 days to complete the core course including the final core course exam.
7. When you are notified that you have passed, fill out the Core Course Completion Form (below) or available online at www.iaedp.com under Online Institute.

Core Course Completion Form

Today's Date: _____

Your name (print):

Address: _____

Daytime telephone number: _____

Alternate phone number: _____

Email address (REQUIRED):

The name of the course you just completed:

ATTESTATION: I, _____, attest that I have completed the coursework including readings and audio lectures, as described in the course syllabus. I further attest that I have written all papers and completed the final exam without input from anyone else. I have not shared the final exam with anyone. My signature below attests to these declarations.

Signature

Date