



## **International Applicants: Traditional Checklist for CEDS/CEDRD/CEDRN**

This checklist is for the Traditional Certification for internationally licensed or registered clinicians who want to pursue advanced expertise and proficiency in the field of eating disorders. If you have been practicing as a licensed or registered clinician in the field of eating disorders for 5 years or more, it is recommended that you review the requirements needed for the International Equivalency Certification.

### **Education Requirements**

- Minimum of a Masters level degree (CEDS) or Bachelors level degree (CEDRD or CEDRN) or higher from an accredited institution in a behavioral/health related field. Due to variations in educational requirements for international applicants, please review the list of educational courses required for each discipline below to determine if your education is equivalent to the US standards:

For the CEDS applicant:

1. 9 graduate semester credits in a combination of gender issues, women's studies, multicultural studies, human sexuality, and human development
2. 9 graduate semester credits in a combination of individual psychotherapy, group psychotherapy, family psychotherapy
3. 3 semester credits in professional practice standards and ethics

For the CEDRD applicant:

1. 9 semester credits in a combination of psychology, nutrition counseling/motivational interview, and adult education.
2. 12 semester credits in a combination of nutrition assessment, professional issues in dietetics and nutrition, and medical nutrition therapy.
3. 9 semester credits in a combination of nutrition biochemistry, community nutrition and nutrition in the life cycle.
4. 3 semester credits in professional ethics.

For the CEDRN applicant:

1. 9 semester credits in a combination of pharmacology, psychology/mental health nursing and anatomy
2. 9 semester credits in a combination of physiology or pathophysiology psychology, and nursing care of adult patients with chronic and acute health problems
3. 3 semester credits in professional ethics

### **Licensure Requirements**

- Documentation/certification/licensure as required by country in which applicant lives in order to treat individuals with eating and associated disorders

### **Supervised Patient Care Requirements**

- 2500 supervised patient care hours directly in the field of eating disorders, of which 500 can be accrued during your internship.
- All patient care hours must be supervised by an iaedp™ Approved Supervisor. Two options exist for selection of an approved supervisor: 1) Choose an iaedp Approved Supervisor from the list of current certified iaedp members OR 2) Use a current supervisor with whom you work who meets the requirements for an iaedp Approved Supervisor. Note: a supervisor is not required to be iaedp-certified to qualify. (See "Approved Supervisor Options and Guidelines" for requirements)
- No less than 75% (up to 100%) of your total supervised patient care hours with the eating disorder population accrued after completing your licensure or registration/certification as an eating disorder clinician

must be provided by an eating disorder-experienced clinician in your OWN DISCIPLINE who meets the iaedp Approved Supervisor requirements. Up to 25% may be supervised by an eating disorder-experienced clinician in another discipline who meets the iaedp Approved Supervisor requirements.

- 500 of your total 2500 supervised patient care hours can be accrued during your internship/clinical supervision prior to obtaining your license or registration/certification.

- Your Approved Supervisor will use the “Approved Supervisor Documentation Form” ([www.iaedp.com](http://www.iaedp.com) under Certification) to record total # of patient care hours, which will be signed upon completion and a copy included in your application. As a supervisee, you may use the Applicant Log of Patient Care Hours to tally your own hours for validation with your supervisor; however, the Applicant Log forms do not need to be turned in with completed application.

### **Continuing Education Requirements**

Continuing Education can include any educational activity such as workshops, seminars, conferences and webinars that provide education on the following topics related to the treatment of eating disorders. Copies of certificates of attendance which indicate hours awarded for each continuing education activity must be included in this application. Hours required:

For CEDS or CEDRN applicant:

- 6 clock hours in body image, weight and food issues

For CEDRD applicant:

- 6 clock hours in body image, weight and food issues

- 6 clock hours in abnormal psychology/addictions

- 6 clock hours in counseling/psychotherapy

### **Core Course and Examination Requirements**

- Complete **iaedp™** core courses (available online [www.iaedp.com](http://www.iaedp.com) or at iaedp’s yearly pre-symposium workshop). The four core courses include

- Overview of Eating Disorders

- Treatment Modalities of Eating Disorders

- Medical Aspects of Eating Disorders

- Nutritional Guidelines for Treating Eating Disorders

- For CEDRN, complete the following medical/nursing component in addition to the above:

- Develop a reference guide for the book, “A Guide to Medical Care and Complications of Eating Disorders”, by Mehler and Anderson, which includes identifying 10 (ten) abnormalities listed in each chapter and the appropriate medical/nursing interventions to facilitate stabilization

- Pass **iaedp™** Certification Exam, available online [www.iaedp.com](http://www.iaedp.com) under Institute link.

### **Case Study Requirement**

- 1500 word Case Study Guidelines (must be of patient actually treated by the applicant)

### **Recommendation Letters Requirement**

- Three (3) letters of recommendation from professional peers who are experienced in the field of eating disorders and familiar with your work specifically in this field.

- At least one of the three recommendation letters must be from an experienced RD who practices in the field of eating disorders.

- Each recommendation letter must include full signature, credentials and place of employment of the person who is writing the recommendation.

- All of the recommendation letters need to be sent directly to the applicant to be included in the completed application packet.

**Other Requirements:**

- Complete and sign the Statement of Intent found within the Application form
- Sign the Ethics Statement found within the Application form
- Include photocopies of all relevant licenses and certificates.
- Include (1) passport photo
- Include a copy of your current CV/resume
- Include the Application Fee of \$150.00, written to IAEDP
- Current **iaedp**™ membership
- Make a copy of the entire application for your records.
- Mail **TYPED** (fill in form on computer and print a copy) and **COMPLETED** application (include everything on this checklist) by regular (**NOT Certified**) mail to the following:

International Association of Eating Disorders Professionals  
Attention: Certification Application  
PO Box 1295  
Pekin, IL 61555-1295

No certified mail will be accepted since this is a post office box and no signature can be required. If you choose to track the package, make sure you select the option that does NOT require a signature at delivery site.

This checklist reviews all of the requirements for the Traditional CEDS/CEDRD/CEDRN Certification process for International applicants. Download and print the Traditional Certification Application from [www.iaedp.com](http://www.iaedp.com) to begin completing the certification process. **Please allow 90 (ninety) days from the RECEIPT of your application in the iaedp office for the application review process to be completed.**

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**IMPORTANT INFORMATION ABOUT CERTIFICATION RENEWAL:**

Upon approval, you are responsible to maintain your 20 hours of continuing education directly in the field of eating disorders during the course of each two year renewable period and to renew your certification prior to its expiration. Attendance at an iaedp Symposium once every four (4) years is also required. You will receive advanced notice of your forthcoming renewal date directly from the iaedp Membership Office and will be expected to comply with a timely application following the guidelines of the Certification Renewal application.

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